
SAFETY TRAINING COURSE CATALOG

Workplace, equipment, environmental, and fleet safety training.

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EVERY COURSE AVAILABLE IN ENGLISH & SPANISH

CONTENTS

Courses are organized by topic. The Core Library covers foundational and job-specific safety training. The Corrective Action Series offers short, focused courses that each reinforce one safe behavior.

EVERY COURSE INCLUDES

**eLearning****Test****Infographic****English &
Spanish**

CORE LIBRARY

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CORRECTIVE ACTION SERIES

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SECTION 01 • 6 COURSES

WORKPLACE FOUNDATIONS

01 Core Safety Rules

Build a strong foundation for safe work by reviewing the core behaviors expected on every job. This course reinforces following established procedures, using required PPE and safeguards, working within your training and authorization, recognizing and reporting hazards, responding appropriately when conditions change, and looking out for the safety of others.

02 Emergency Action Planning & Fire Safety

Emergencies like fires, severe weather, or chemical spills can happen with little warning. When they do, knowing exactly what to do and where to go can make all the difference for you and your coworkers. In this course, you'll learn how to recognize fire hazards, respond to alarms, find your exits and meeting points, and know when to use a fire extinguisher or when to get out.

03 Housekeeping for Workplace Safety

Learn how effective housekeeping helps prevent slips, trips, falls, blocked access, unstable storage, and other workplace hazards. This course covers keeping floors, aisles, passageways, storage areas, exits, and emergency access clear, correcting or reporting hazards, and recognizing when spills or contamination require a specialized response instead of routine cleanup.

04 Loading Dock

Learn how to work safely around loading docks where pedestrians, powered equipment, trailers, and elevated edges come together. This course covers dock-edge hazards, housekeeping, trailer securement, trailer-floor and dockboard checks, pedestrian and equipment separation, and confirming a dock position is safe before loading or unloading begins.

05 Office Safety

Learn how everyday choices can help prevent injuries in office and administrative environments. This course covers slips, trips and falls, safe storage and housekeeping, electrical equipment and cords, workstation ergonomics, clear exit routes, and emergency preparedness.

06 Warehouse Safety

Learn the essential practices for working safely in a busy warehouse environment. This course covers housekeeping and walking surfaces, safe material handling and storage, pedestrian awareness around powered equipment, recognizing common warehouse hazards, emergency procedures, PPE, and knowing when to stop and report an unsafe condition.

SECTION 02 • 7 COURSES

EQUIPMENT & TOOLS

01**Aerial Lifts**

Learn the essential practices for safely operating and working from aerial lifts. This course covers pre-use and work-area inspections, safe platform operation, fall protection, electrical and overhead hazards, equipment limitations, and emergency procedures.

02**Hand and Power Tool Safety**

Learn how to safely select, inspect, operate, and store hand and portable powered tools. This course covers tool condition and inspection, guards and safety controls, line-of-fire hazards, electrical and pneumatic hazards, energy control, PPE, safe work areas, and removing damaged tools from service.

03**Hoist Crane Safety**

Learn the essential practices for safely operating and working around overhead and gantry cranes and hoists. This course covers equipment inspections, rated capacities, rigging and balancing loads, approved lifting devices, controlling suspended loads, maintaining clear load paths, and stopping operation when unsafe equipment or conditions are identified.

04**Knife Safety**

Learn safe knife handling practices, including proper cutting techniques, knife inspection and selection, safe storage and transport, and how to prevent common injuries such as cuts, punctures, and lacerations.

05**Pallet Jack Certification**

Learn the fundamentals required to safely operate a powered or electric pallet jack. This formal-training component covers truck controls and limitations, pre-use inspections, pedestrian safety, safe travel, load handling, dock and ramp hazards, parking, and battery charging. Hands-on practical training and workplace performance evaluation are also required before independent operation.

06**Pallet Jack Refresher**

Refresh the essential skills and safe-work practices required for powered pallet jack operation. This course reinforces pre-use inspections, speed and travel control, pedestrian safety, load handling, dock and ramp hazards, and safe operating habits while reviewing the situations that trigger OSHA-required refresher training and evaluation.

EQUIPMENT & TOOLS, CONTINUED

07 **Powered Industrial Trucks**

Learn the essential practices for safely operating forklifts and other powered industrial trucks. This formal-training component covers truck controls and limitations, pre-use inspections, safe travel, pedestrian protection, load capacity and stability, docks and ramps, parking, and charging or refueling. Practical training and workplace performance evaluation are also required before independent operation.

SECTION 03 • 4 COURSES

MACHINERY & HAZARDOUS ENERGY

01 **Electrical Safety**

Electricity powers the equipment you use every day, like conveyors, forklift chargers, coolers, and power tools. It's easy to take for granted, but contact with live electricity can cause shocks, burns, fires, and even death, often in a split second. Most electrical injuries can be prevented. In this course, you'll learn how to spot electrical hazards, use cords and equipment safely, and know when to stop and get help from a qualified person.

02 **Electrical Safety: NFPA 70E**

Learn about electrical hazards and the safe-work practices used to reduce the risk of shock and arc-flash injuries. This awareness-level course covers electrical hazard recognition, deenergization and energy control, electrical boundaries, PPE and protective equipment, and the important distinction between qualified and unqualified electrical workers.

03 **Lockout/Tagout**

Learn how Lockout/Tagout protects employees from unexpected startup and hazardous energy during servicing and maintenance. This course covers common energy sources, authorized and affected employee responsibilities, the basic energy-control process, locks and tags, stored energy, and the critical rules against restarting locked equipment or removing another employee's LOTO device.

04 **Machine Guarding**

Learn how machine guards and safety devices protect employees from moving machinery and other dangerous machine hazards. This course covers points of operation, pinch and nip points, rotating components, guards and interlocks, safe behavior around machinery, and the relationship between machine guarding and Lockout/Tagout during cleaning, jam clearing, servicing, and maintenance.

SECTION 04 • 3 COURSES

WORKING AT HEIGHTS

01 Fall Protection 1

Learn how to recognize common workplace fall hazards and understand when fall protection is required. This course covers elevated surfaces, unprotected edges and openings, guardrails and covers, falling-object hazards, safe behaviors around fall exposures, and the importance of reporting missing or damaged fall protection.

02 Fall Protection 2

Learn how personal fall protection systems are used to protect employees working at height. This course covers system types and components, pre-use inspections, approved anchorages, proper hook-up and tie-off, equipment limitations, removal of damaged or impact-loaded equipment, and rescue planning following a fall.

03 Ladder Safety

Learn how to safely select, inspect, set up, and use portable ladders and stepladders. This course covers pre-use inspections, removing defective ladders from service, proper setup and load limits, safe climbing practices, electrical hazards, and preventing falls caused by overreaching or improper ladder use.

SECTION 05 • 7 COURSES

HEALTH & ERGONOMICS

01 Back Injury Prevention

Learn practical ways to reduce the risk of back injuries during lifting and material-handling activities. This course covers common risk factors, planning a lift, reducing bending and twisting, using mechanical assistance, safely carrying, pushing and pulling loads, and reporting recurring discomfort or difficult tasks.

HEALTH & ERGONOMICS, CONTINUED

02 Bloodborne Pathogens

At work, you could come across blood or other body fluids, like when helping an injured coworker, cleaning up after an accident, or handling a sharp object. Some of these fluids can carry germs that cause serious diseases, such as hepatitis B, hepatitis C, and HIV. The good news is these diseases are preventable. In this course, you'll learn how these germs spread, how to protect yourself, and what to do if you're ever exposed.

03 Ergonomics

Learn how to recognize and reduce ergonomic risk during everyday work activities. This course covers force, repetition, awkward postures, lifting, carrying, pushing and pulling, proper use of material-handling equipment, task adjustments, and the importance of reporting persistent discomfort or ergonomic concerns early.

04 Hand, Wrist, and Finger Safety

Learn how to protect your hands, wrists, and fingers from common warehouse hazards. This course covers pinch and crush points, moving loads and machinery, proper hand positioning, task-specific gloves and PPE, energy-control considerations, repetitive-motion and ergonomic risks, and early reporting of discomfort or symptoms.

05 Hearing Conservation

Learn how workplace noise can affect hearing and the steps used to prevent noise-induced hearing loss. This course covers noise exposure, hearing-protection requirements, proper selection and use of hearing protectors, audiometric testing, annual training, and reporting hearing changes or problems with hearing protection.

06 Heat Stress

Learn how to recognize, prevent, and respond to heat-related illness in indoor warehouse environments. This course covers common heat-stress risk factors, hydration and recovery, acclimatization, signs and symptoms of heat illness, and the immediate actions to take when heat stroke or another serious heat-related emergency is suspected.

07 Respiratory Protection

Learn how respirators are selected, fitted, used, and maintained to protect employees from airborne hazards. This course covers respirator selection and limitations, medical evaluations, fit testing, user seal checks, inspection and maintenance, cartridge and filter considerations, required versus voluntary use, and recognizing when to leave a hazardous area.

SECTION 06 • 8 COURSES

CHEMICAL & ENVIRONMENTAL HAZARDS

01 Ammonia Awareness

Learn how to recognize the hazards associated with ammonia refrigeration and what to do if a suspected release or exposure occurs. This awareness-level course covers ammonia hazards, warning signs, evacuation and reporting procedures, emergency response limitations, and immediate actions following exposure.

02 Asbestos Safety Awareness

Learn how to recognize and safely work around known or suspected asbestos-containing materials. This awareness-level course covers potential asbestos locations, health hazards, signs of damaged or deteriorating materials, safe housekeeping practices, and the proper response when asbestos-containing material may have been disturbed.

03 Confined Spaces

Learn how to recognize confined and permit-required confined spaces and understand the hazards they may present. This awareness-level course covers confined-space identification, warning signs and access controls, unauthorized entry prevention, and why only properly trained and assigned personnel should perform entry or rescue activities.

04 Hazard Communication

Learn how to safely work around hazardous chemicals by understanding the information provided through labels, Safety Data Sheets, and workplace procedures. This course covers recognizing chemical hazards and potential releases, understanding label elements and pictograms, locating critical SDS information, using required protective measures, and responding appropriately to spills or leaks.

05 Mercury Safety

Learn how to recognize potential mercury hazards and safely respond when mercury-containing equipment or materials are damaged. This awareness-level course covers common sources of mercury, preventing releases, safe handling and storage practices, exposure concerns, and the appropriate actions to take if a mercury spill or release occurs.

CHEMICAL & ENVIRONMENTAL HAZARDS, CONTINUED

06 Radiation Awareness

Learn how to recognize and safely work around potential ionizing-radiation hazards. This awareness-level course covers radiation-producing equipment and radioactive materials, radiation signs and warnings, barriers and restricted areas, monitoring equipment, time-distance-shielding principles, and the appropriate response to alarms, damaged equipment, or abnormal conditions.

07 Recycling Awareness

Learn how to safely and correctly manage recyclable materials and routine waste in the workplace. This course covers proper sorting, preventing recycling contamination, maintaining safe recycling areas, identifying materials that require special handling, and knowing when to use a separate waste-management process instead of routine recycling.

08 Stormwater Pollution Prevention

Learn how everyday workplace activities can affect stormwater and the environment. This course covers potential sources of stormwater pollution, good housekeeping and material-storage practices, stormwater controls, preventing pollutants from entering drains, spill response, and following the facility's Stormwater Pollution Prevention Plan and reporting procedures.

SECTION 07 • 6 COURSES

FLEET & DRIVER SAFETY

01 Defensive Driving – Large Vehicles

Learn defensive-driving practices designed for drivers of large commercial motor vehicles. This course covers maintaining safe speed and following distance, managing blind spots, turns and lane changes, responding to hazardous road and weather conditions, maintaining alertness, using seat belts, and making safe decisions when conditions change.

02 Defensive Driving – Small Vehicles

Learn defensive-driving practices for employees operating passenger cars, pickups, vans, and other light vehicles for work. This course covers creating safe time and space, intersections and backing, protecting vulnerable road users, managing changing road and weather conditions, staying alert, and avoiding distractions while driving.

FLEET & DRIVER SAFETY, CONTINUED

03 **Distracted Driving**

Learn how to recognize and prevent visual, manual, and cognitive distractions while driving for work. This course addresses phones, navigation, food and drinks, passengers, paperwork, work technology, and other common distractions while reinforcing the simple routine: Drive. Stop. Complete the task. Then drive. It also covers specific FMCSA mobile-phone and texting requirements applicable to CMV drivers.

04 **DOT Driver Compliance**

Learn the federal requirements that apply to commercial motor vehicle drivers and how to stay compliant on every trip. This course covers driver qualification, hours-of-service rules and record keeping, pre-trip and post-trip vehicle inspections, drug and alcohol testing requirements, what to expect during a roadside inspection, and the reporting responsibilities that keep drivers and the company in compliance with FMCSA regulations.

05 **Food Service Delivery Driver Safety**

Learn how to safely manage the entire delivery process from arrival through departure. This course covers safe parking and delivery setup, identifying customer-site hazards, using delivery and material-handling equipment, controlling loads, protecting pedestrians and customers, maintaining clear walkways, and securing equipment and returns before leaving the site.

06 **Overhead Clearance**

Learn how to prevent overhead-clearance strikes while operating large vehicles and commercial motor vehicles. This course covers knowing vehicle height and configuration, planning routes, responding to posted clearance restrictions, recognizing changing road conditions, identifying overhead hazards at customer and facility locations, and knowing when to stop and reroute.

SECTION 08 • 6 COURSES

CARGO & HAZMAT TRANSPORTATION

01 **HAZMAT Transportation Part 1**

Learn the fundamentals of hazardous materials transportation and the responsibilities of employees whose work affects hazmat transportation safety. This course covers recognizing regulated hazardous materials, understanding hazmat employee roles and training requirements, following approved classification and shipping processes, and identifying when a shipment should be stopped for further review.

CARGO & HAZMAT TRANSPORTATION, CONTINUED

02 HAZMAT Transportation Part 2

Learn how hazardous materials are properly prepared and handled for transportation. This course covers classification and shipping information, authorized packaging, markings and labels, shipping papers and placards, package inspection, segregation of incompatible materials, loading, and securing hazardous materials for transportation.

03 HAZMAT Transportation Part 3

Learn how to safely manage hazardous materials once a shipment is in transportation. This course covers required shipping and emergency-response information, transportation security and access controls, emergency procedures, responding to leaks or incidents, and understanding hazmat incident reporting responsibilities.

04 Load Securement Part 1

Learn the fundamentals of safe load securement and how proper securement helps prevent cargo-related hazards during transportation. This course covers common securement hazards, pre-trip inspection responsibilities, and basic practices for preventing cargo from shifting, falling, leaking, or otherwise creating an unsafe condition.

05 Load Securement Part 2

Build on the fundamentals by learning the requirements and methods used to properly secure cargo. This course covers performance criteria for securement systems, selecting and using tiedowns, straps, chains, and blocking or bracing, calculating aggregate working load limits, determining the minimum number of tiedowns, and commodity-specific considerations for common load types.

06 Load Securement Part 3

Builds on the fundamentals by focusing on properly securing and inspecting loads in real-world situations. Learners review securement devices and methods, working load limits, inspection requirements, recognizing inadequate securement, and actions to take when a load needs to be adjusted or re-secured.

PART TWO

CORRECTIVE ACTION SERIES



Short, focused courses that each reinforce one safe behavior.
Assign them as targeted follow-up when a specific behavior
needs attention.

DRIVER BEHAVIOR

17 courses · Page 13

WORKPLACE BEHAVIOR

12 courses · Page 16

CORRECTIVE ACTION • 17 COURSES

DRIVER BEHAVIOR

01 Accidents and Breakdowns

Reinforce the actions drivers should take following a vehicle crash, breakdown, or roadside emergency. This course focuses on safely stopping and securing the vehicle, protecting yourself and others, using required warning devices, contacting emergency and company resources, and avoiding actions that create additional roadway hazards.

02 Alcohol Awareness

Reinforce the importance of remaining alcohol-free whenever performing safety-sensitive driving or work. This course addresses how alcohol can affect judgment, reaction time, coordination, and decision-making while reinforcing applicable company and DOT/FMCSA requirements and the responsibility to report or remove yourself from safety-sensitive work when required.

03 Avoiding a Rear-End Collision

Learn how early hazard recognition, proper following distance, and controlled braking can help prevent rear-end collisions. This course reinforces scanning beyond the vehicle ahead, maintaining adequate space, anticipating traffic changes, controlling speed, and avoiding distractions that delay recognition and response.

04 Avoiding Backing Collisions

Reinforce the behaviors that help prevent collisions while backing. This course focuses on avoiding unnecessary backing, inspecting the backing path, positioning the vehicle before the maneuver, using mirrors and approved technology, getting out and looking when needed, using spotters appropriately, and stopping whenever the path becomes uncertain.

05 Avoiding Distraction

Reinforce the importance of keeping your eyes, hands, and attention focused on driving. This course addresses visual, manual, and cognitive distractions while emphasizing preparation before driving, delaying non-driving tasks, and safely stopping before handling phones, navigation, paperwork, work technology, or other distractions.

DRIVER BEHAVIOR, CONTINUED

06 **Avoiding Intersection Collisions**

Learn how to reduce collision risk at intersections by recognizing potential conflicts before entering them. This course reinforces controlling speed, scanning in multiple directions, anticipating red-light runners and turning vehicles, maintaining visibility and space, and never assuming another road user will yield as expected.

07 **Building Effective Seeing Habits**

Reinforce visual scanning habits that help drivers recognize hazards earlier. This course focuses on looking well ahead, regularly checking mirrors, scanning intersections and changing traffic conditions, recognizing developing hazards, and avoiding fixation on a single vehicle, object, or part of the roadway.

08 **Changing Lanes – Large Vehicles**

Reinforce safe lane-changing practices for drivers of large vehicles and CMVs. This course focuses on scanning ahead, checking mirrors and blind spots, signaling early, maintaining appropriate speed and space, accounting for vehicle length, and completing lane changes only when the entire vehicle has adequate clearance.

09 **Changing Lanes – Small Vehicles**

Reinforce safe lane-changing practices for passenger cars, pickups, vans, and other light vehicles. This course focuses on scanning traffic, checking mirrors and blind spots, signaling intentions, maintaining space, avoiding abrupt maneuvers, and confirming the destination lane is clear before moving.

10 **Close-Quarter Maneuvering – Large Vehicles**

Reinforce safe maneuvering practices when operating large vehicles in tight or congested spaces. This course focuses on planning the maneuver, controlling speed, monitoring the vehicle's full path and clearances, using mirrors and spotters appropriately, repositioning when necessary, and stopping whenever safe clearance cannot be confirmed.

11 **Emotions and Driving**

Learn how strong emotions can affect attention, judgment, speed, following distance, and decision-making behind the wheel. This course reinforces recognizing when frustration, anger, stress, or impatience is influencing driving behavior and using safer strategies to regain focus rather than reacting aggressively to other road users.

DRIVER BEHAVIOR, CONTINUED

12 Following Distance

Reinforce the importance of maintaining enough following distance to perceive hazards, react, and stop safely. This course covers protecting and rebuilding the space ahead, adjusting for weather and traffic conditions, scanning beyond the vehicle directly ahead, and avoiding behaviors that increase rear-end collision risk.

13 Foul Weather Driving

Reinforce safe driving decisions when rain, snow, ice, fog, wind, standing water, or other hazardous conditions affect the roadway. This course focuses on reducing speed, increasing following distance, maintaining control and visibility, recognizing changing conditions, and knowing when conditions require you to stop driving.

14 Margin for Error

Learn how maintaining time, space, visibility, and an escape option can help prevent collisions. This course reinforces scanning ahead, managing speed and space, anticipating other road users' actions, and positioning your vehicle so an unexpected event does not leave you without a safe response.

15 Positioning in Traffic

Learn how thoughtful vehicle positioning can improve visibility, preserve space, and reduce exposure to traffic conflicts. This course reinforces managing the space around your vehicle, avoiding unnecessary blind-spot exposure, anticipating changing traffic patterns, and maintaining options when conditions change.

16 Saving Fuel

Reinforce driving habits that can support both safe operation and fuel efficiency. This course focuses on smooth acceleration and braking, maintaining appropriate speed, anticipating traffic, reducing unnecessary idling, and avoiding aggressive driving behaviors that waste fuel and reduce your safety margin.

17 Truck Maneuvering

Reinforce safe maneuvering practices for large vehicles in areas where space and visibility may be limited. This course focuses on planning the vehicle's path, monitoring clearances and blind spots, controlling speed, safely backing and repositioning, and stopping whenever the path cannot be confirmed safe.

CORRECTIVE ACTION • 12 COURSES

WORKPLACE BEHAVIOR

01 Accident Prevention Signs and Tags

Learn how workplace safety signs, tags, and warnings communicate hazards and required precautions. This course reinforces recognizing common warning information, respecting barricades and restricted areas, following posted instructions, and never removing, covering, bypassing, or ignoring a safety sign or tag without authorization.

02 AED

Learn the basic actions to take when someone experiences a suspected sudden cardiac arrest and an Automated External Defibrillator is available. This course reinforces activating emergency medical services, beginning CPR according to training, retrieving and using an AED, following the device's prompts, and continuing care until emergency responders take over.

03 Aerial Lifts

Reinforce critical safety behaviors when operating or working from aerial lifts. This course covers pre-use and work-area inspections, fall protection, platform positioning, overhead and electrical hazards, equipment limitations, and stopping work when equipment or conditions are unsafe.

04 Asbestos Safety

Reinforce safe behavior around known or suspected asbestos-containing materials. This awareness course covers recognizing potential asbestos locations, avoiding disturbance, respecting restricted areas and controls, and immediately reporting damaged or deteriorating material rather than attempting to handle or clean it yourself.

05 Back Injury Prevention

Reinforce practical behaviors that reduce the risk of back injuries during lifting and material handling. This course focuses on evaluating the load, planning the movement, reducing awkward bending and twisting, using mechanical assistance when appropriate, and recognizing when a task requires help or a different approach.

06 Banding and Box Cutter Safety

Learn how to reduce cut, puncture, and struck-by injuries when working with banding and cutting tools. This course reinforces controlling stored tension, maintaining safe body and hand positioning, keeping cutting paths away from the body, using approved tools and PPE, and safely disposing of sharp materials.

WORKPLACE BEHAVIOR, CONTINUED

07**Basic Rigging**

Reinforce the fundamentals of safely preparing and controlling a suspended load. This course covers selecting and inspecting appropriate rigging, understanding rated capacities, properly attaching and balancing loads, protecting rigging from damage, and keeping employees clear of suspended loads and load paths.

08**Benzene Safety**

Learn how to recognize potential benzene exposure and follow established controls when working in areas or tasks where benzene may be present. This course reinforces hazard recognition, exposure prevention, PPE and respiratory-protection requirements where applicable, reporting potential releases, and staying within your assigned and trained responsibilities.

09**Bloodborne Pathogen Safety**

Reinforce the precautions used to prevent occupational exposure to blood and other potentially infectious materials. This course covers Universal Precautions, avoiding direct contact, appropriate PPE, sharps and cleanup considerations, exposure reporting, and the immediate steps to take following a potential exposure incident.

10**Cold Stress**

Learn how to recognize, prevent, and respond to cold stress while working in cold, wet, windy, refrigerated, or unheated environments. This course covers appropriate clothing, staying dry, warm-up practices, warning signs of hypothermia and frostbite, and when cold-related symptoms require immediate action.

11**Compressed Gas Safety**

Learn how to safely handle and work around compressed-gas cylinders. This course covers cylinder identification and inspection, secure handling and storage, valve protection, proper connections and equipment, and the appropriate response to damaged, leaking, or unidentified cylinders.

12**Confined Spaces**

Learn how to recognize confined and permit-required confined spaces and understand the importance of following established entry controls. This course reinforces authorization requirements, permit-space hazards, entry procedures, emergency response, and why employees should never enter or attempt an unauthorized confined-space rescue.



FISHER SAFETY INNOVATIONS